



Young & Pregnant in Niagara

**A safe, non-judging environment
for pregnant teens**

**Free prenatal education
programs for teens providing:**

- ✓ **Support groups to share experiences**
- ✓ **A healthy dinner**
- ✓ **Weekly gifts for you & baby**
- ✓ **The opportunity to talk to a nurse or social worker**

All sessions run throughout the year. Register, phone the location nearest to you.

Fort Erie 3-5 p.m. Fridays
South Niagara Life Ministries
143 Gilmore Road
905-871-0236



Port Colborne 3-5p.m. Wed
South Niagara Life Ministries
72 Charlotte St. (Guild Hall)
905-650-2363



Welland

4:30-6:30 Wednesdays
Elisha House
48 Burgar Street
905-735-9934



St Catharines
4:30-6:30p.m. Thursdays
Niagara Life Centre
237 Lakeshore
905-321-2523



Thorold/St Catharines
3:30-5:30 Wednesdays
YFC Youth Unlimited
226 Merritt Street
905-321-2523



**Niagara Falls
Community Health Centre**

Niagara Falls
3:30-5:30 Thursdays
Community Health Centre
4481 Queen Street
905-356-4222 ext 245