

WHEN YOU REALLY NEED SOMEONE,  
WE CAN HELP.

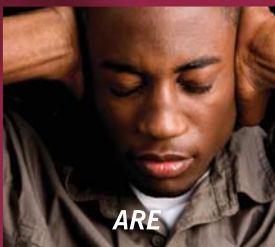
# CARING

FOR YOU IN YOUR TIME OF NEED

Crisis Intervention, Conflict Resolution,  
Short - Long - Interim, Counseling &  
Resources for Men, Women, Teens,  
Youth, Families, Couples & Individuals.



YOU



ARE



NOT



ALONE!

## Filling gaps for services in Niagara, for your whole family.

We are committed to caring for individuals and families by providing help for the emotional, physical, social, mental, and spiritual well-being of those in crisis and distress.

Our caring staff and caseworkers are readily available to advocate practical assistance, support, and ongoing counsel.



## south niagara **life** ministries

### Main Office

143 Gilmore Rd., Fort Erie, ON L2A 2L9

Monday to Friday: 9:00am to 5:00pm

Phone: 905-871-0236 Fax: 905-871-0928

Email: [snlm@snlmcounsel.ca](mailto:snlm@snlmcounsel.ca) [www.snlmcounsel.ca](http://www.snlmcounsel.ca)

### Contact Centre

Charlotte St., Port Colborne, ON

Wednesday: 1:30pm to 4:30pm

Phone: 905-650-2363

South Niagara Life Ministries founded in 1992



south niagara **life** ministries  
**HERE BECAUSE WE CARE!**

## Life Crisis Situations

Singles / Family / Marital

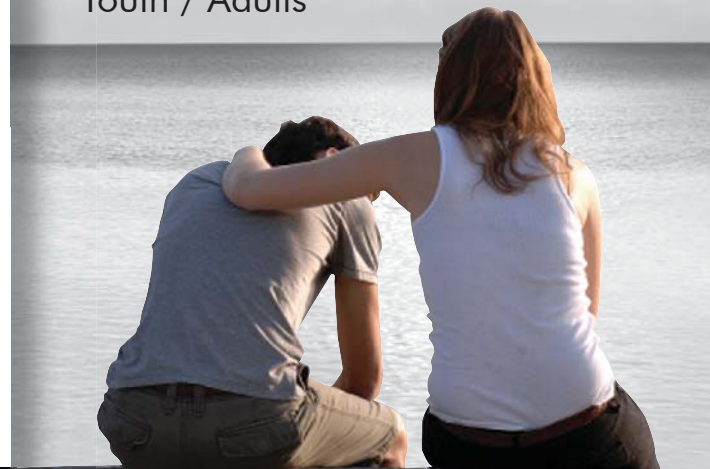
Conflicts & Assistance

Unplanned Pregnancies

## Counselling & Services

Male / Female

Youth / Adults



## South Niagara Life Ministries

Canada Revenue Charity #84068 6000 RR001



## INDIVIDUAL & FAMILY COUNSELLING

### ABOUT... south niagara life ministries

South Niagara Life Ministries is a counseling resource centre assisting those in life crisis.

We are committed to professional standards of care and a non-judgmental approach.

We are dedicated to helping individuals and families regardless of age, race, religion, citizenship, politics, or marital status.

Services are free and confidential.

*Call or email us today!*



## SOME COUNSEL CATEGORIES



commonly referred in for our help are for those. . .

- in search of hope, healing, and change.
- experiencing a deeper walk and new life with God.
- facing parenting, family, marital, and relationship difficulties, and/or communication breakdown.
- facing the painful aftermath of a life altering experience - still crippling their capabilities today.
- needing help and new skills to resolve anger, conflict, bitterness, and to address unforgiveness issues.
- grieving a loss of a loved one from divorce, death, or a drastic life change in circumstances.
- suffering post abortion trauma/post adoption, or other infant death/loss, and emotionally shaken.

### Parenting and Life Skills

- One-on-one help is regularly available. Classes are scheduled periodically according to need and the availability of resources and leadership.

## PRE & POST NATAL SERVICES



### Crisis Pregnancies

We help each individual, couple, and/or extended family in evaluating their options regarding an unplanned pregnancy.

*We provide:*

- Accurate on-site, free pregnancy tests.
- Educational information to assess the options re: pregnancy, parenting, abortion, adoption, and follow up. Goal: to make an informed decision and plan of care.
- Counsel consideration of the influential issues creating crisis in the pregnancy, and their resolve.
- Material Assistance & Practical Supports. Referrals to other supports & agencies.

### Community Partnership

PUBLIC HEALTH—YPN (Young & Pregnant Niagara) prenatal classes for teens (Ft. Erie & Port Colborne) that includes an after school meal.

### Mentoring Classes

For those who would benefit from friendship, support, earning and learning new life-skills, budgeting, parenting, cooking, etc., and our resource room dollars.

### Referrals

- Considerations regarding maternity homes and adoption are explored with teenage girls.